Arotake ā-tau Annual Review 2022

Together it's possible



Ngā Take | Contents

Ngā Take Contents	2
Kia ora e hoa mā Hello Friends	3
Ko Ōtihi tēnei About us	4
Nā Te Tumu Whakarae Message from the Chair	5
Nā te Tumuaki CEO Update	7
Ngā Pou o Ōtihi Our Pillars	9
Tō Tātou Matakitenga Our Vision	11
Tō Tātou Aronga Our Purpose	12
He Kōrero ki Te Kaiwhakahaere Matua o Ōtihi Kōrero with Odyssey's Kaiwhakahaere Matua	13
Te Mahere Rautaki a Õtihi 2022-2027 Odyssey Strategic Plan 2022-2027	15
Te Whare Whakaoranga Hou o Ōtihi Odyssey's New Cultural and Clinical Centre	20
He Kōrero ki a Allen Bollard An Interview with Allen Bollard	21
Ngā Hononga ki ētahi atu Rōpū Whakaoranga Whānau Recovery Hub and Waypoint Collaborations	23
Ngā Hua o Waikato YouthINtact Waikato YouthINtact Outcomes	27
He Whakamānawa A Big Thank You	29

Kia ora e hoa mā Hello Friends

The theme for this year's Odyssey Annual Review is 'acknowledging our past as we move into the future'. This theme played out in the wider health system with the creation of Te Whatu Ora – Health New Zealand, and Te Aka Whai Ora – Māori Health Authority.

Odyssey has undergone introspection and change, creating a new strategic direction that affirms and aligns our commitment to Te Tiriti o Waitangi, emphasises the strength and importance of our kaimahi, reinforces our focus on recovery and wellbeing, and recognises the importance of telling our stories.

This year, Odyssey's longstanding Board Chair, Allen Bollard, concludes his time as Chair at Odyssey. We thank Allen for his faithful service to Odyssey and welcome Pat Snedden as the new Chair. This Annual Review contains an interview with Allen as he reflects on his time at Odyssey, while Pat shares his vision for what is coming next.

In this review we look back on the history of Odyssey – with a focus on the original buildings at our Bollard campus, which was previously a girls' home. Odyssey has received funding from The Proceeds of Crime Fund for the development of a cultural and clinical centre. In order to build this we have demolished two buildings, which represented an outdated way of caring for vulnerable rangatahi. There is a sense that we are clearing the way to develop something new and hopeful, to serve those who use it in a way that works for them.

Finally, we acknowledge the impact of Covid over the past few years. We have frequently shared stories throughout our organisation of kaimahi who went far beyond their scope to ensure services operate smoothly for tāngata whai ora – those using our services. Covid has taken a toll – on physical, mental, and financial wellbeing – and we are likely to continue to feel its effects in the years to come. For now, we offer a heartfelt thank you to Odyssey kaimahi for their service and dedication.

Change is in the air and this year's Annual Review speaks to all these things. We build on the richness of our past and the dedication of those who came before, while welcoming what comes next.

Ko Ōtihi tēnei | About us

Since 1980

we have **supported tens** of thousands in Aotearoa whose lives are affected by drug, alcohol, or other addiction challenges

> We provide effective, evidencebased services to support wellbeing

We employ over 200 kaimahi

Our services

are in **Tāmaki Makaurau** (Auckland), **Te Tai Tokerau** (Northland), and the **Waikato**



We support around 4,000 tāngata whai ora each year

We support individuals and whānau in community, school, residential, custodial and other settings



We partner

with iwi, agencies, and organisations, to provide support options for tāngata whai ora, rangatahi, and whānau

Te Tumu Whakarae | Message from the Chair



Tēnā koutou, tēnā koutou, tēnā koutou katoa,

I am pleased to have stepped into the role of Chair at Odyssey this year. The outgoing Chair, Allen Bollard, has served on the Odyssey Board since 2004, and in the position of Chair since 2009. He has provided excellent governance during this period. Odyssey is a great organisation which provides sterling work within the sector. It is a pleasure to now be involved.

Odyssey occupies one of the hardest areas in the health system and provides expert care. It has a kaupapa of meeting people as they are. It is an honourable pursuit to be in service of people who are challenged by their life experience.

As the new health system, Te Whatu Ora (Health New Zealand) and Te Aka Whai Ora (Māori Health Authority), starts to have an impact on the population, we need to adapt to the changing context. This includes ensuring sovereignty of Māori over their health needs, equity in delivery of health services, and a model of healthcare that is more cognisant of the people it serves. It is about ensuring the system pivots so the most disadvantaged have at least equal access to those with the most access. A new environment is emerging, but it is yet to materialise how exactly this impacts Odyssey. We must pose the question: what is being asked of us in this new context and what must change?

One way I envisage this is to expand the breadth of the organisation with more direct engagement and partnership with Māori and Pasifika services. This seems like an intuitive alignment of Te Whatu Ora and Te Aka Whai Ora with Odyssey's existing services. Part of the Board's work will be to explore this over the next year to hone in and identify what will be involved.

Each year, Odyssey changes and it will continue to change. I believe kaimahi and tāngata whai ora will be engaged with and excited by new developments in this space, and it will be well signalled as it comes. We are presented with a new focus on equity and on Māori health. Our existing relationship with Ngāti Whātua Ōrākei is precious and will grow and develop. Māori already comprise a significant base of tāngata whai ora who use Odyssey's services. We have a solid foundation in place. Now is the time to get to work.

Mauri Ora,

Pat Snedden Chair, Odyssey Trust

Nā te Tumuaki | CEO Update



Kia ora mai rā koutou katoa,

This year's theme is 'acknowledging our past as we move into the future'. It is about remembering our whakapapa and being especially present to what's going on right now. This will ensure the best for our future.

Covid seems to fit this category. While we hope the worst is behind us, the impact of Covid on Odyssey's workforce has been real, which I want to acknowledge. It has been challenging and I have the

utmost gratitude and respect for the commitment and endeavours of our kaimahi during a difficult time. Odyssey has responded to vaccination mandates, and experienced extended periods of short staffing due to illness and many other logistical problems that our people have needed to overcome. I offer a warm 'thank you' to them for their service and dedication.

This year has also seen a continuation of implementing and developing strategic shifts to respond to a post-Covid environment and the changing landscapes of the health system reform. I am confident these changes will put us in good stead going forward. Our work in the peer support space has been invaluable with the introduction of Peer Support 101 training. This has been evaluated by The New Zealand Qualifications Authority (NZQA) on the Equivalency Framework as a micro-credential at 5 credits at Level Three.

We touch on our relationships and collaborations in this year's review. We are developing a stronger partnership with iwi, particularly Ngāti Whātua Ōrākei. We are strengthening relationships with smaller NGOs within the sector, like Whakaoranga Whānau Recovery Hub, where we work together in a tuakana-teina relationship. I am similarly proud of our leadership around Recovery Capital. These are all things we are committed to, and we look forward to further investment and growth in these areas.

I am excited that Odyssey is the recipient of funding from the Proceeds of Crime Fund for a building project onsite. Work commences as I write this. It sees the demolition of old parts of the campus in order to create a hopeful and new cultural and clinical centre for the people we serve. The purpose of this project is to create a different type of future in a space that, due to its pre-Odyssey history, has felt like a dark cloud hangs over it – something lighter, brighter, and recovery focused.

As we remain positive about the future, I am mindful of current changes in drug trends and legislation. We are committed to an approach that supports the least amount of harm to individuals, whānau, and communities. It also highlights the importance of Odyssey's relationships with like-minded organisations, and a growing commitment and focus in the sector to harm reduction.

Ngā manaakitanga, with very best wishes for the year ahead,

Fiona Trevelyan CEO, Tumuaki Rangatira

Ngā Pou o Ōtihi Our Pillars

Pono | Honesty

Our pillars guide how we work together and with others. They are the core values and guiding principles at the foundation of our work and are applied across the organisation.

Haepapa | Responsibility

Whakawhirinaki | Trust

Matapōpore | Concern

Aroha | Love



Tō Tātou Aronga Our Purpose

Ka hangaia e mātou he whare haumaru, he whare tūmanako hoki e tīni ai te tangata, he wāhi whakaaroaro, he wāhi ako, he wāhi tūhono anō hoki, mei kore e puta tātou ki te wheiao, ki te ao mārama.

We create hopeful and safe spaces for change with opportunities to reflect, learn, and connect so people can move towards a brighter future.

Tō Tātou Matakitenga Our Vision

Poutia, Heretia

Tuia te muka tangata ki te pou tokomanawa Ka tū mana motuhake; Ka noho herekore i ngā waranga me ngā wero nui o te ao

People, whānau, and communities are connected and supported to live the lives they want, free from drug, alcohol, and other addiction challenges.



He Kōrero ki Te Kaiwhakahaere Matua o Ōtihi | Kōrero with Odyssey's Kaiwhakahaere Matua

Becoming Odyssey's Kaiwhakahaere Matua was 'unexpected' for Peter Sciascia.

Pete says he was lucky growing up in a large Māori family on both sides, with whakapapa from Ngāti Kahungunu in Hawkes Bay, Ngāti Porou in East Cape, Ngāti Raukawa in the lower North Island, Rangitāne from the top of the South Island and Ngāi Tahu. He also has Scottish, Italian, Irish, and Danish ancestry.

Pete's background is in Mātauranga Māori. His partner wanted to move back to Tāmaki Makaurau (Auckland) after living and working in Ōtautahi (Christchurch) for a decade, and he applied for a job at Odyssey with her strong encouragement.

He was impressed in the interview when 'this Pākehā guy [an Odyssey employee] starts speaking beautiful reo'. 'Odyssey seems to be really genuine about the direction they're wanting to head with supporting Māori. I jumped on board without doing much research into what Odyssey wanted! Odyssey gave



me the scope to work it out, and it's been enjoyable.'

Pete's focus in the Kaiwhakahaere Matua role is enhancing external relationships and partnerships and creating new ones. 'Partnership with iwi was something I talked about theoretically as a lecturer at Te Wānanga o Raukawa for a long time, so now putting that into practice gives another level of understanding'. He says it is understandable how iwi have needed to be cautious and discerning when it comes to forming partnerships as 'they've been burnt so many times' in the past.

Coming into the role, Pete wanted to approach Odyssey's relationship with Ngāti Whātua Ōrākei carefully and with respect. Pete reflects on the last year and is pleased with the relationship and the way Odyssey is working towards achieving a partnership. He acknowledges the mahi of Bob Hawke, Odyssey's previous kaumatua of over 20 years, who died recently. 'He was an awesome man and took his role seriously. That's why we have this relationship now.' Pete also acknowledges the work of Ken Kerehoma, who helped lay much of the groundwork for what is taking place in Odyssey today.

Pete spoke with Bob's cousin, Alex Hawke, who described Odyssey's relationship with Ngāti Whātua Ōrākei. 'Alex listed a whole range of things over the last 20 years' and 'I began to outline what's going on in the health sector'. They then discussed what an 'actual partnership' might entail for both parties.

'Ngāti Whātua helped us codesign Odyssey's cultural action plan. They sat in on the wānanga we ran. We don't put anything into stone until it's been talked about and we've asked for their advice. And we go to them right at the start.'

'This is an evolving space – we don't know what this is going to look like in 10 years. It's about taking tauiwi on this journey'. In his relaxed way, Pete's advice is to 'chill' and that things will be 'all good if we're all authentic and genuine about what we're going to do'.

"Partnership with iwi was something I talked about theoretically as a lecturer at Te Wānanga o Raukawa for a long time, so now putting that into practice gives another level of understanding"

Te Mahere Rautaki a Ōtihi 2022-2027 | Odyssey Strategic Plan 2022-2027

We have updated our strategic plan for 2022-2027. The update was timely with increasing expectations of honouring Te Tiriti o Waitangi, health system reforms, COVID-19, and workforce shortages.

In this environment, we see the opportunity to boldly state our position and influence the future. We want to be a great Te Tiriti o Waitangi partner, keep kaimahi, tāngata whai ora and whānau central to our work, grow ourselves and our sector, advocate for change, and partner for outcomes.

- We will ensure Māori do as well as, if not better than, others we work with.
- We will grow an outstanding workforce and be recognised as a centre of excellence.



- We will both look for and respond to new opportunities – we know what works and how to make it happen.
- We will influence through showing what makes a difference and sharing our successes.
- We will continue to create hopeful and safe spaces for change with opportunities to reflect, learn and connect so that people can move towards a brighter future.

Our process

When developing our new strategic plan, we wanted to hear from and understand the views and ideas of all stakeholders. We thought about our current environment and sector, and how they impact us.

We engaged over 270 people – tāngata whai ora, kaimahi, our managers, and our Board – through focus groups and surveys.

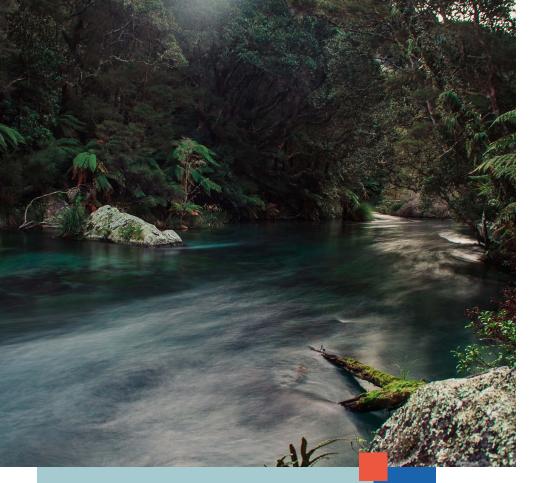
There were common themes between all groups, including prioritising cultural responsiveness, our workforce, telling our story, peer support, strengthening our recovery focus, whānau support, community integration, and nurturing strategic relationships.



Ko Te Tiriti o Waitangi tō tātau tūāpapa | Te Tiriti o Waitangi is our foundation

Our commitment to honouring Te Tiriti o Waitangi, pursuing equity for Māori, and supporting diversity and inclusion throughout Odyssey, are reflected in these goals:

- · Improve recovery outcomes for Māori
- · Seek equity
- · Support diverse communities
- · Be accessible to all



He taonga o tatou kaiman Kaimahi are our wealth

Our kaimahi are important to us. We recognise the need to value, respect and support them, directly and through the environment we provide.

- Support and grow our workforce
- Provide strong structure and resources
- Use information effectively
- Protect our whenua

2

He pūkenga auaha ki te whakahaumanu me te whakaora tāngata tō mātou | Innovation in recovery and wellbeing is our strength

Odyssey has been at the forefront of innovative services and solutions. We'll keep innovating to enhance recovery and wellbeing throughout our communities.

- Develop Odyssey as a centre of excellence and innovation
- · Support whānau toward wellbeing

3

- · Create services that meet community needs
- · Actively address stigma and discrimination





Ko ngā hononga me te tohatoha kōrero whaimana te ara whakamua | Connection and sharing our stories are our future

We believe we're stronger when we connect and share with others. Relationships and partnerships will help us reach further and provide services to more people. When we share our stories, we create further opportunities for change.

- · Develop values-aligned partnerships
- Actively manage relationships, lead change, and share knowledge
- · Hear and respond to what people say
- Share stories of hope, recovery and impact

Te Whare Whakaoranga Hou o Ōtihi | Odyssey's New Cultural and Clinical Centre

The needs of tāngata whai ora and whānau are at the heart of a two-year, \$2.7 million building project at our Bollard Avenue campus.

October 2022 saw the demolition of buildings once part of an oldfashioned girls' home and adapted by Odyssey when we took over the site. This marks a key point in Odyssey's history and makes way for new purpose-built buildings that will form a cultural and clinical centre made possible with funding from the Proceeds of Crime Fund. Currently referred to as Te Whare Haumanu, we anticipate an official name will be gifted by Ngāti Whātua Ōrākei before the building is complete.

Odyssey is committed to providing culturally responsive services and best-practice care. This project allows expansion of cultural interventions and activities and clinical services, in beautiful new spaces.

Te Whare Haumanu will have counselling rooms, a large seminar room that can be divided into various configurations, a creative space (mahi toi), a sensory modulation room, and a large atrium, providing a therapeutic internal green space. It provides an ideal environment for pōwhiri or mihi whakatau, brings nature into the building, and supports a healing environment.

We are excited for the opportunity for new or expanded interventions – cultural activities, including raranga, whakairo, mau rākau, waiata, kapa haka; art, craft, music and recreational activities; whakaāio ā-rongo – sensory modulation; individual or small group talking therapies; vocational support and other initiatives that support community participation.



He Kōrero ki a Allen Bollard | An Interview with Allen Bollard

Allen Bollard has served on Odyssey's Board for eighteen years, and fourteen as its Chair. This year he wraps up his time on the Board. We talk with him about his experiences and reflections during this tenure.

1. How did you first get involved with Odyssey?

In 2004 Odyssey was much more of a charity. The Board included wellmeaning and effective fundraisers, including some social friends of mine. The Board identified they needed a stronger financial and risk-management presence. This lot decided I'd be a good candidate because I had a strong financial and management background. So, they coerced me! I really didn't have a choice.

Being a bit more serious, I'd been sitting at Board tables – on either side – since my late 20s. I'd had plenty of experience, but I liked the benevolent 'give back' aspect of it. The rest of my professional activity was in the private sector, for-profit, big business, so this was a nice softening contrast for me.



2. Is there a relationship between your family name and the Bollard campus – or just coincidence?

Bollard Avenue was named after my great grandfather, John Bollard. He was widely known as Honest John. He was an early Irish immigrant. He arrived in New Zealand in 1860 as a 20-year-old. He became quite an identity in the inner west, in Mt Albert and Avondale. The family lived in Mt Albert for a long time. He at one point had a farm on what is now the Avondale racecourse. He was a member of parliament for several terms and was larger than life. He was Chair of the Gladstone primary school for 50 years or more. He was just one of those personalities, so he got a street named after him.

3. What is your perspective of Odyssey currently?

I was always very fond of and proud of the Therapeutic Community concept where we are coaching people to better themselves and each other. I think that's a wonderful concept that has always been dear to my heart.

We've expanded a long way beyond the residential model now. We have programmes in schools and prisons. We're widening our influence all the time. But we still use the same principles and caring methodology, whether it's an in-house programme or in the community.

4. What do you foresee for the organisation in the future?

l've been very keen to promote and equip ourselves as a training organisation. We are having huge success with the work being done in the peer support area. We have people equipped to provide mentorship, love, care, life skills training and to show an interest in tāngata whai ora. We've got something that is incredibly valuable in the rehabilitation sector. We've become quite innovative. We keep bolting on enhancements, particularly in aftercare, schools programme, prison programme. I think we've developed in a very nice open-minded, flexible way that's helping more and more people.

We must continue to help people with drug and alcohol problems, but my dream is to influence things at an earlier point. I want people to be happy and well and to feel good about themselves because they have something to contribute to their families and society.

5. How would you like your contribution to be remembered?

Staff and management do the hard yards in a very difficult environment. At governance level you want to ensure they're enabled to do that, making the organisation financially sound, help manage its risks effectively, and try to provide a safe framework for management and staff. Odyssey is all about people. They are our golden asset. So, you try to create an environment that makes all that possible, that has sufficient funding to pay people properly for all they do. Odyssey, as an organisation is very sound, good assets, great people! That's what I'm proud of.

Ngā Hononga ki ētahi atu Rōpū | Whakaoranga Whānau Recovery Hub and Waypoint Collaborations

We value the opportunity to work together with other trusted services and organisations. Here we highlight two collaborations – Whakaoranga Whānau Recovery Hub and Waypoint – that give an insight into the benefits of working together to improve service delivery and outcomes.

Whakaoranga Whānau Recovery Hub

E hara taku toa i te toa takitahi, engari he toa takitini

My strength is not that of a single warrior, but that of many.

The above whakataukī is a favourite of Whakaoranga Whānau Recovery

Hub. They are a Kaikohe-based kaupapa Māori alcohol and other drug (AOD) community support service that has newly partnered with Odyssey. We share their view that working alongside other health providers helps us all reach our potential.

The partnership between Whakaoranga Whānau Recovery Hub and Odyssey officially started in August 2022. Through a Covid related peer support grant, Odyssey provides training and supervision for staff, specifically focused on peer support. The grant also enables the hub to support tāngata whai ora with urgent health and wellbeing needs.



"I thank Peer Support for walking alongside me in my treatment journey, sharing their own stories of strength and hope, and showing me that recovery is possible."

- Tāngata whai ora feedback

The hub's operations manager, Rhonda Zielinski-Toki, says the relationship gives them a sense of kinship in the AOD sector. 'For us it was a bit like having a big brother put an arm around you and say we can do this for you.'

The hub runs weekly cultural and clinical programmes and support groups through He Waka Eke Noa Te Tai Tokerau. Rhonda says access to funding to support tāngata whai ora with urgent needs helps with its holistic approach to supporting recovery.

'In the Te Whare Tapa Whā model [Māori holistic model of health] if you have bad debt hanging over your head affecting taha whānau [family wellbeing] it impacts on your taha hinengaro [mental wellbeing]. So having access to funding to support people can make a real difference.'

Among those receiving early assistance from the funding was a young couple with five children going through the hub programmes who lost everything in a house fire. The funding helped buy essential household items and moved the mum to tears.

Waypoint

Waypoint is a collaboration between seven mental health, alcohol and other drug (AOD), and wellbeing service providers established in late 2021: The Psychology Group, Southseas, Mahitahi Trust, Youthline, Emerge Aotearoa, Real, and Odyssey.

Waypoint provides a suite of services for rangatahi and taiohi (young people and young adults) who are looking for support around mental wellness or addictions. It is for young people aged between 12 and 24 years old, living in East and South Auckland.

Each organisation provides a specific service to support rangatahi:

- Connection and wellbeing support: build connection with extended family and cultural identity.
- Grow resilience skills: focus on personal development, self-esteem, and selfdetermination skills.

• Intense support: in-depth, therapeutic support to further advance social skills, selfdetermination, and management of mild to moderate distress.

Within Waypoint, Odyssey provides the Stand Up! Community service. It is part of the wider Stand Up! team, which provides therapeutic support to rangatahi within a school setting.

Stand Up!'s clinical manager, Alex Siu, says the new partnership extends services into community settings allowing continued support for rangatahi who leave school throughout the year, move to a school without the Stand Up! programme, or move on as a Year 13 student.

'We can follow some rangatahi into the community if they need more support. In the past our contracts were just in schools. Once they left school, we didn't have any contact with them. We've always wanted to expand our reach which is one of the reasons we joined this partnership.'

'We're now able to help rangatahi and taiohi in the outskirts of South Auckland, in Pukekohe and Waiuku. There weren't a lot of alcohol and other drug and mental wellness services available to them but there was great need.'

Stand Up! Community kaimahi attend monthly hui with all other Waypoint service providers. It allows Odyssey kaimahi to connect with Waypoint partners, which assists with building connection and safety for rangatahi when handovers occur or when being assisted through external programmes.

Alex says, 'Kaimahi know each other and what they do in each service. If you make a referral to another service, you know who you're referring to and know the service is good. Kaimahi have a closer relationship because of the hui. Instead of having to research and find a suitable service, you already have a key contact. This is important because when you make a referral, the young person trusts you to connect them with the best service to fit their needs.'

The structure of Waypoint also leads to a greater sense of collegiality

"I graduated family centre three years ago today. I'm still clean and sober. Odyssey helped me overcome 20 years of drug and alcohol abuse. In case you wondered if what you do makes a difference, it did to me, my children, and my extended whānau."

- Tāngata whai ora feedback

between services. 'We cooperate to ensure things work well for kaimahi and rangatahi. We communicate with one another, so the referral process works for everyone. When we present to other stakeholders about Waypoint, we do this with kaimahi from other Waypoint services. You're not going solo. Kaimahi from different Waypoint services help each other even when it's not related to Waypoint.'

An example of Waypoint filling gaps was when a young person was referred by the pastoral care team from one of the schools in the catchment area. The young person had poor attendance at school and was referred for her daily cannabis use. Practitioners built connection with her, and she substantially reduced her cannabis use. The school noticed a positive change in her as well.

Stand Up! Community is supporting her with a withdrawal management plan and will continue engagement in a community setting when she leaves school for full-time employment. Before Waypoint, the school reported they did not have access to other AOD services. Stand Up! Community was able to fill that gap through the collaboration.



Ngā Hua o YouthINtact Waikato | Waikato YouthINtact Outcomes

Waikato Youth INtact is a partnership which started in 2016 and includes Te Korowai Hauora o Hauraki, Taumarunui Community Kokiri Trust, Care NZ, and Odyssey. We provide leadership in these four services' areas – which offer substance harm reduction and mental wellness support to rangatahi and whānau in the Waikato.

Waikato Youth INtact operations manager Fiona Beale says, 'It's important for a community service like Odyssey's to work in partnership with other services. My role is around those partnerships. At a governance level we meet monthly and there is contact in between. The team has strong connections with other clinicians and clinical leadership within those teams as well.'

Clinical manager Marlene Thompson says the partnership allows services to provide the same model of care with whānau ora, rangatahi ora, and mauri ora at the core of service provision.

'We have a holistic view of health. We have great staff who go above and beyond and work to advocate for people who are on their caseloads and their whānau. It provides the ability to sometimes see people move through the youth justice system seamlessly instead of potentially going to prison.'

Fiona says clinicians can form meaningful connections with rangatahi by asking the right questions to offer support. For Marlene it is heart-warming to hear clinicians talk about cases where rangatahi have completely stopped using drugs or alcohol or have overcome harmful behaviour patterns.

A recent report summarised the Waikato Youth INtact outcome data



over a four-year period. Findings show the levels of initial substance use and associated difficulties for rangatahi were higher than those found in a comparison community sample. They were more aligned with a sample of youth who were accessing specialist services.

After attending Youth INtact, rangatahi showed a reduction in their use of most substances. For example, the number of rangatahi who used cannabis regularly reduced by 15%. Rangatahi experienced even larger reductions in the difficulties associated with their substance use. For example, the number of rangatahi who experienced arguments with people reduced by 35%.

After attending Youth INtact, Māori and non-Māori rangatahi all experienced a reduction in difficulties to a similar lower level. This reduction was similar to those reported in a study of rangatahi alcohol and other drug (AOD) specialist services¹.

The report indicates Waikato Youth INtact is effective in supporting rangatahi with their AOD challenges. It has been encouraging for the organisation to have this analysis and to better understand the positive impacts of the service.

"My parents are so grateful to Odyssey as they have seen a huge change in me."

– Tāngata whai ora feedback

1 see Christie, G., Marsh, R., Sheridan, J., Wheeler, A., Suaalii-Sauni, T., Black, S. and Butler, R. (2007), The Substances and Choices Scale (SACS) - the development and testing of a new alcohol and other drug screening and outcome measurement instrument for young people

He Whakamānawa A Big Thank You

We are grateful for the support and guidance of our iwi partners in Tāmaki Makaurau, Waikato and Northland, in particular Ngāti Whātua Ōrākei.

Our work is made possible by the generosity and ongoing support of our funders, benefactors, and partners. Together, we support people to move towards a brighter future, bringing hope to whānau and communities throughout New Zealand. Our work would not be possible without your support – ngā mihi nui, thank you!

- Ara Poutama Aotearoa |
 Department of Corrections
- Northland DHB
 - Oranga Tamariki
 - Taranaki DHB
- Bay of Plenty DHB

Auckland District Health

- Counties Manukau Health (DHB)
- Foundation North

Board (DHB)

- Kai Whau
- Lakes DHB
- Manchester Trust
- MidCentral DHB
- Ministry of Education
- Ministry of Health
- Ministry of Social
 Development
- New Zealand Drug Foundation

• Te Rau Ora

- Te Whatu Ora Health New Zealand
- Waikato DHB
- Whau Local Board

We would also like to acknowledge the contribution of longstanding programme collaborators who share our commitment to support tāngata whai ora and whānau to work towards stronger futures.

Many thanks to our service and agency partners within initiatives including Haven, Te Ara Oranga, The Citizenship Programme, Te Whare Whakapiki Wairua, Waypoint, Whakaoranga Whānau Recovery Hub, Youth INtact. We value the opportunity to work with you all.

Finally, thanks also to our Board of Trustees in their stewardship of our work, and to our Senior Leadership Team in what has been a challenging year.

Board of Trustees

- Pat Snedden (Chair)
- Allen Bollard (Outgoing Chair)
- Darren Johnson (Treasurer)
- Dr Clive Bensemann
- Dr Huhana Hickey
- Maraea Mokaraka
- Robert Roydhouse
- Mary Anne Shanahan
- Manu Sione
- Dr Erena Wikaire

Senior Leadership Team

- Fiona Trevelyan, Chief Executive Officer
- Peter Sciascia, Kaiwhakahaere Matua
- Glenn Manson, Chief Financial Officer
- Jenny Boyle General Manager, Operations
- Dave Burnside, Learning and Development Lead
- Lyndsay Fortune, Strategic Initiatives Lead
- Roz Sorensen, Service Improvement and Development Lead
- Leanne Taylor, People and Capabilities Manager

Odyssey Annual Review 2022



www.odyssey.org.nz

Ngā mihi to Te Toki Voyaging Trust for allowing use of their waka imagery.