

Haven.

A drop-in support space

Haven is an after-hours, drop-in support space for people experiencing distress from substance use, who may need a safe, warm space to reduce an immediate crisis or to feel less isolated.

Haven, 453 Karangahape Road

Friday 5pm to 9pm / **Saturday** 9am to 9pm

Sunday 9am to 7pm

Haven is a drop-in support space at Merge Café

Peer support workers from addiction, mental health and homeless services will be on hand for a chat and to help identify next steps if necessary. Clinically trained staff will be available on call.

This initiative, led by Odyssey in collaboration with Lifewise, Mind & Body and ADHB, is made possible by the Ministry of Health.

Haven is open Friday evenings from 5pm to 9pm, Saturdays from 9am to 9pm and Sundays from 9am to 7pm.

Hot and cold snacks and drinks will be available.

For more details, please contact haven@odyssey.org.nz

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