



ANNUAL REVIEW


Arotake ā-tau

2018



ODYSSEY

changing lives



He waka eke noa.
We're all in this
together.

CONTENTS

Ngā Take

01 / Ko Ōtihi tēnei / About Us p01

02 / Te Tumu Whakarae / Message from the Chair p02

03 / Nā te Tumuaki / CEO Update p03

04 / He whakarāpopoto / Odyssey in 2018: data overview p09

05 / Titiro mai / A closer look: Peer support, holding the hope p11

06 / Titiro mai / A closer look: Working with people involved in the justice system p12

07 / Titiro mai / A closer look: Te Wairua, two streams of healing p13

08 / Titiro mai / A closer look: Te Ara Oranga, supporting the community in Northland p14

09 / Titiro mai / A closer look: Supporting young people to have great futures p15

10 / Titiro mai / A closer look: Waka huia, unlocking potential through identity and belonging p16

11 / He Whakamānawa / Acknowledgements p17

12 / Ōku wawata / What does a healthy future look like? p18



ABOUT US

Ko Ōtihi tēnei

Since 1980, Odyssey has supported thousands of New Zealanders living with drug and alcohol challenges to make changes in their lives, to feel more in control and to feel hopeful for their future.

We are known for providing effective, evidence-based services that support wellbeing. We support people to build positive relationships and connections, and to participate in the community of their choice.

We offer support to learn skills to cope with life's stresses and feel more resilient.

We work closely with families, whānau and other agencies, supporting people while they are staying with us, as well as in schools, prisons and in other community settings.

We are recognised as leaders in the addiction sector and we take this responsibility seriously – continually striving to provide the best possible support to tāngata whai ora (people seeking wellness) in those areas of their life that we

know will help them move forward. We do this by learning, innovating and adapting internally; and working collaboratively across sectors with health, corrections, education and other social service providers, with government agencies, health boards and other funders, to help shape the future of services to support people living with addiction challenges in Aotearoa New Zealand.

Our pillars – love, concern, honesty, responsibility and trust – are the foundation of our work and guide how we work together, and with others.



MESSAGE FROM THE CHAIR

Te Tumu Whakarae

I am pleased to report a very strong year of growth at Odyssey in 2018.

Once again, we have worked to provide the best possible treatment we can to as many people as is permitted by our funding and, where necessary, we have invested or sought extra funding to ensure we are serving people in the manner and in contexts that are most important to them.

The 2018 financial year has seen a number of new programmes come fully on stream, including several programmes in partnership with the Department of Corrections within Corrections facilities and in the community; a new programme with Oranga Tamariki to support young people in youth justice in South Auckland; and participation in the Te Ara Oranga methamphetamine reduction partnership with Northland DHB and NZ

Police. We also continue to develop our Metro Auckland DHB-funded programmes. These and other new or expanded initiatives have seen operational revenues grow by almost 20 percent year on year to \$19.7m in 2018.

Odyssey continues its commitment to serve New Zealanders who seek our support to make lasting change in their lives. The Board and I are very grateful for the care and professionalism of all our staff. Each day, their dedication and compassion brings hope to dozens of individuals and their whānau from across New Zealand.

I would also like to acknowledge my fellow trustees. As the organisation grows, their experience and expertise in guiding our progress is much appreciated.

This year has heralded further change in the

way the Government seeks to support New Zealanders whose lives may be affected by substance use or mental health challenges. I am confident that Odyssey is well placed to participate in this new era, and I look forward to our next strategic planning cycle as we help to reshape the future of addiction services in New Zealand and help the people, who come to us for support, work towards the future they want to have.

Regards

A stylized, handwritten signature in black ink, appearing to read 'Allen Bollard'.

Allen Bollard
Chair, Odyssey Trust



CEO UPDATE

Nā te Tumuaki

Tēnā koutou,

2018 has been a hopeful and rewarding year for those of us working to support people living with addiction and mental health challenges. We are on the cusp of a new era in supporting wellbeing for more New Zealanders and we believe we are well placed to embrace the changes ahead. We look forward to helping shape and contribute to this mahi.

Political momentum around the Mental Health Inquiry, pay equity, criminal justice and drug law reforms has advanced thinking on these issues nationally, and we are now seeing the needs and hopes of our tāngata whai ora, their whānau and people who support them, such as our staff and their local communities, being considered and discussed more openly and sympathetically as part of our national conversation.

We value these conversations and the opportunity to forge a more compassionate, inclusive and understanding approach to supporting individuals and communities struggling with substance use challenges in our society. We look forward to new policies, action plans and funding to encourage new ways of working together to support the wellbeing of New Zealanders in ways that work for them, and in settings that are meaningful for them.

Here at Odyssey, we are proud to be championing new ways of supporting individuals, whānau and communities, both in the work we do within our own services, as well as in partnerships with other service providers within the health, social and community sectors, and beyond.

In the year to 30 June 2018 (FY2018), we

worked with 2,662 adults and 1,637 young people and children. This represents a 36 percent increase in the number of people we have supported over the previous financial year and reflects the growth in new programmes and services in this financial year, as well as the maturing of programmes introduced in FY2017.

This work is made possible by our funders and their belief in the value of the work that we do. I thank them for giving us the opportunity to support people to work towards a brighter future.

I would like to acknowledge the work of our Board, their stewardship of our growing organisation and their commitment to invest in the best possible care for tāngata whai ora.

I am also hugely grateful for our special

relationship with Ngāti Whātua Orākei. Their support and commitment to Odyssey has enabled us to become an organisation that better understands the value and importance of Te Ao Māori to people's wellbeing. We strive to embed mātauranga Māori in the work that we do and the guidance and encouragement of kaumātua and kaukuia at Ngāti Whātua Orākei make this possible.

I feel very privileged to work alongside our talented leadership team and staff. Every day you support people to make changes and work towards a more hopeful future. We couldn't deliver the services that we do without your dedication, energy and enthusiasm. Thank you.

This report covers our work during the 2018 financial year, 1 July 2017 to 30 June 2018, (and touches on some of our work through to the end of the 2018 calendar year). During this time we have been involved in several exciting new initiatives and we have also grown others that have been proven to support people well.

Highlights 2017-18

We are the largest employer of youth-specific alcohol and other drug (AOD) practitioners in New Zealand. We know how to help young people realise their potential and work towards a great future.

- **Tūturu**, a whole school approach to student wellbeing: Our National Youth Services Advisor (a partnership with NZ Drug Foundation) is leading a cross-sector, cross-ministry pilot programme with 11 schools, four crown agencies, five local organisations and over 100 reviewers from health and education to develop resources that will help schools to keep students engaged in learning, improve their wellbeing (and reduce drug and alcohol harm), and develop their critical thinking skills.
- **Resources to support conversations with young people:** The National Youth Services Advisor is working together with the NZ Drug Foundation and Werry Workforce to develop a series of resources for young people that will also help adults have conversations about alcohol and other drugs with young people. From the co-design and research process, we learnt that young people often wait for friends or family members to tell them when there are issues, so these resources will help others let young people know when this happens, and will also help professionals have deeper conversations about alcohol and other drugs sooner.
- **Odyssey School:** Each year our school supports around 40 students to make progress towards their educational goals, to start to see themselves as capable, competent learners, to reengage with education and to envisage a new future. This work was recognised in a very positive registration report from the Educational Review Office (ERO) in March 2018: “Students are well supported to achieve meaningful National Certificate of Education Achievement (NCEA) standards...These purposeful programmes are designed to engage and challenge students, and maximise their learning and achievement.” Together with opportunities to participate in the Odyssey Café work training programme, attendance at Odyssey School is helping young people identify and work towards alternative pathways for their future.
- **Korowai Manaaki AOD Education and Motivation Programme:** In December 2017, Odyssey began delivering an AOD Education and Motivation Programme at the South Auckland youth justice residence Korowai Manaaki. One year in, we have supported more than 100 young people at the residence as well as in other support settings, including transfer to our Odyssey youth residence where appropriate.

- **Youth INTact:** our community-based alcohol and drug service for rangatahi in the Waikato DHB region has gone from strength to strength since its launch in 2016. In FY2018, we supported over 500 rangatahi in school and community settings.
- **Tongariro Crossing:** Young people staying with us co-created a special outdoor challenge programme that transplanted the supportive peer environment and participation model of our residential therapeutic community to Tongariro National Park for several days in January 2018. The success of this pilot will see the programme repeated this summer.

For further detail about how we work across sectors, within multiple systems to provide seamless care for young people, please see page 15.

We work with adults within the criminal justice system – in prison, on parole, or in other community settings – and we support people to make changes in their substance use, learn new skills and strengthen important connections.

- **Methamphetamine Intervention Team (MIT):** Odyssey commenced a

Methamphetamine Intervention Pilot Programme at Mt Eden Corrections Facility in September 2017. The programme provides valuable real time insights into the prevalence of methamphetamine use and the complexity of providing appropriate support for this population. In the nine months to end June 2018, 487 people participated in MIT's Screening, Brief Intervention and Referral to Treatment (SBIRT) and 292 participated in Meth & Me psychoeducational programmes at either Mt Eden, Spring Hill or Auckland prisons. Where appropriate, we are also able to offer support at our Drug Treatment Programmes in Auckland and Spring Hill prisons, as well as in our adult residences, or on our day programme.

For more on the range of connected services we offer in partnership with the Department of Corrections, please see page 12.

- **Community Day Programme (CDP):** This rolling eight week programme is a partnership with Probation Services in Auckland and Whangarei. It takes a holistic approach to alcohol and drug treatment for people serving community based sentences, on parole, or release

on conditions. A tailored treatment programme, the CDP supported reconnection into the community for around 70 people in the year to end June 2018. It is another example of how we strive to provide support for people in settings and contexts that work best for their current situation.

- **Te Whare Whakapiki Wairua (the Alcohol and Other Drug Treatment Court):** Our six-year partnership with Higher Ground and The Salvation Army celebrated its 168th graduate recently, up from 130 graduates by December 2017. We value the opportunity to support people to find alternate pathways for their future, living within the community and reconnecting with whānau.

We support people to make progress towards their education and employment goals.

- **Te Wānanga o Aotearoa (TWOA):** During the 2018 academic year, in partnership with TWOA, we supported 23 residents at our three Auckland adult residences work towards Level 3 qualifications in Tikanga Māori practice and study. (Find out more about this initiative on page 16).

- **Odyssey Café:** Our Café work training programme continues to make great progress supporting tāngata whai ora build self-esteem and gain valuable skills that give them hope and the confidence to take steps towards a different future. Of the 21 participants in FY2018, 14 went on to further education, treatment or employment. In September 2018, we were delighted to receive a Foundation North grant to support the Café's delivery of one-on-one training in 2018/19. And in early November, we celebrated 2000 training hours delivered since our training programme started in December 2016.

We know that everyone's recovery journey is a journey of connection; connecting with culture and identity, with health and wellbeing; with whānau and community; with skills, strengths and interests; with housing and employment.

- **Māori Responsiveness Audit and Action Plan:** Earlier this year we engaged Te Awa Associates to undertake a cultural responsiveness audit of the organisation. Our commitment has grown as a result and we have developed a plan to weave Te Ao Māori into all our work. We are supporting kaimahi to grow their knowledge and skills, becoming confident applying Te



Odyssey Café celebrate 2,000 hours of training.

Ao Māori in everyday practice, so that it becomes who we are. We will be growing and nurturing relationships outside the organisation to support this work, and will be monitoring progress to ensure we stay on track.

- **Peer Support:** Having offered peer support services in the Alcohol and Other Drug Treatment Court over the last six years, we understand the value and benefit of peer

support for tāngata whai ora and for our organisation. Over the last year we have continued to develop our peer approach and developed a peer support framework for Odyssey. In May this year we welcomed our Peer Support team. (Read more about their work on page 11).

- **Kapa haka o Ōtihi:** Made up of whai ora and staff, kapa haka o Ōtihi perform at graduations and other special events.

This year, they were invited to give a special performance at the opening of the Tāmaki Makaurau Kapa Haka Regional Competition. Kapa haka is a central component of our Mātūtū (Recovery) cultural programme. As one participant shared: “It made me feel like I was at home. It helped me to find myself again. It felt like one family learning together, helping each other. The support, the unity and strength from the rest of the team was immense. It made us a little bit closer in our journey here at Bollard.”

- **Family Centre:** Many of the people we support place reconnection with family and being good role models for their children as their main motivation and goal in connecting with Odyssey. At our Family Centre in Auckland, children are able to stay with their parents who are participating in our Adult treatment programme. These families benefit from additional parenting groups and programmes with their peers in the Family Centre. Children are able to continue with their regular pre-school and school education, as well as participate in a range of special activities on Saturdays with other children in the Centre. In FY18, we supported 29 children to stay with their parents in our Family Centre.



Rt Hon Helen Clark (left) and Ruth Dreifuss (right) of the Global Commission on Drug Policy with Taru Kerehoma, Te Wānanga o Aotearoa, at the civil society discussion on drug law reform in October.

- **2018 Toi Ōtihi (Art Exhibition):** In April, Odyssey hosted its inaugural art exhibition ‘Aroha: Journeys from the heart’ at our community services hub in New Lynn. Celebrating the many talents of our whai ora and staff, and highlighting the value of artistic practice to support recovery, the exhibition was opened by our local MP, Dr Deborah Russell, and was attended by service users, whānau, and other supporters and stakeholders.
- **Living Well programme:** Within the context of the national Equally Well initiative, Odyssey’s Living Well programme supports wellbeing for whai ora and staff. An early focus on improving physical health outcomes for whai ora includes a review and refresh of menus at our residences, the opportunity for residents to work towards food safety qualifications, as well as opportunities to participate in a range of outdoor events, such as Auckland

Round the Bays. We plan to extend our programme in the coming year to include workplace wellbeing initiatives for staff, and will also be introducing new healthy lifestyle initiatives for whai ora and staff.

We want to advocate for change in the way we think about and support people with addiction or mental health challenges in Aotearoa.

- **Te Wairua – two streams of healing:** As part of our commitment to destigmatise addiction and to support people who may wish to stay with us as part of their recovery journey, we have renamed our services that support tāngata whai ora living with mental health and addiction challenges. The name Te Wairua was gifted to our Counties Manukau residence many years ago, and is now proudly worn by our three Te Wairua residences in Auckland and Whangarei. (To learn more about our Te Wairua service, please see page 13).
- **Te Ara Oranga – The Path to Wellbeing:** We have supported 168 people in Northland through Te Ara Oranga – The Path to Wellbeing, a ground breaking cross-sectoral partnership led by Northland DHB and NZ Police to reduce methamphetamine demand in the region.

(Please see page 14 for more about our work with Te Ara Oranga).

- **Peer Crowds – finding out what matters to young people outside the mainstream:** The National Youth Services Advisor is leading the national steering group (including representatives of HPA, Ministries of Health and Youth Development, Adolescent Health Research Group, Healthy Families, Counties Manukau Health and Auckland Council) to co-design new ways for us to give relevant advice and support to identified groups of young people who don't relate to mainstream advice or services.
- **Global Commission on Drug Policy (GCDP):** We were delighted to have the opportunity to co-host a civil society discussion on drug law reform and regulation with representatives from the GCDP, Rt Hon Helen Clark and Ruth Dreifuss (Chair), NGOs and others working to support wellbeing in the Auckland region. Our esteemed manuhiri challenged the audience to recognise that this is a time of opportunity to make real change and to advocate for action to support evidence-based reform and regulation.

As you can see, we work across sectors and

in multiple contexts and settings to support people who want to make changes to their substance use, learn new skills and strategies to be more in control of their lives, and reconnect with the people who matter most.

In closing, I would like to especially thank our tāngata whai ora. You place trust in us to walk beside you on your journey, and it is humbling to be given this opportunity. Your bravery, your hard work and your potential are why we all come to work each day.

Ngā mihi nui,



Fiona Trevelyan
CEO, Tumuaki Rangatira

ODYSSEY IN 2018

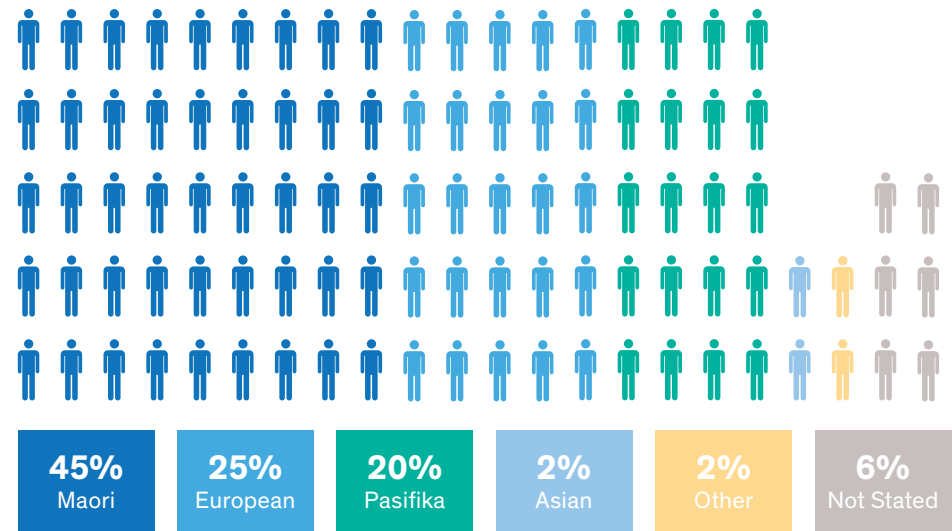
Data Overview

2,662 adults pakeke

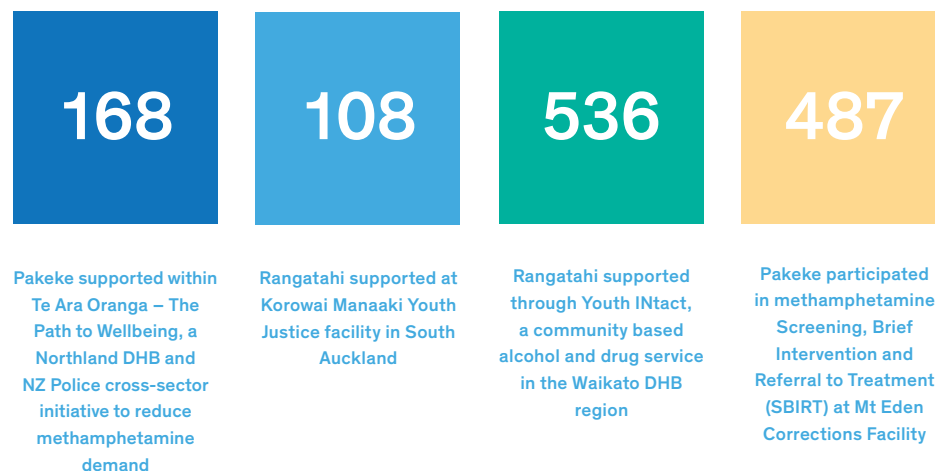
1,637 youth rangatahi



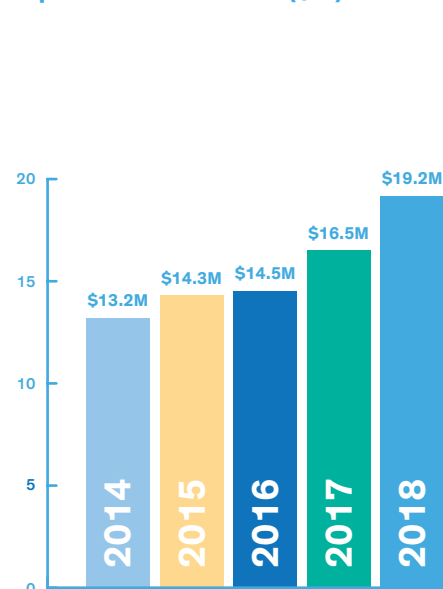
Ethnicity of people we supported



We strive to support tāngata whai ora where it works best for them, in ways that support positive change and reconnection with whānau and community.

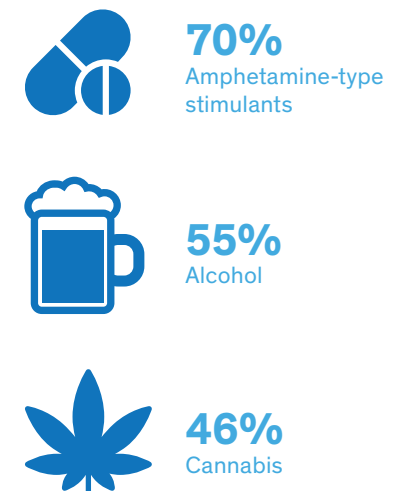


Operational revenues (\$M)



Drugs of concern (adults)

% of adults surveyed who ranked these drugs as one of their top three drugs of concern.





We support people working towards a healthier future.

We do this together with tāngata whai ora, with their whānau, in their community, with other agencies and across sectors.

Over the next few pages, we share stories about ways Odyssey has supported people to make changes, be more in control of their lives and work towards their healthy futures in 2018.



A CLOSER LOOK:

Holding the hope: How peer support is transforming retention in our adult service

Odyssey has managed peer support services for Te Whare Whakapiki Wairua, the alcohol and other drug treatment court, since it was established in 2012. We have seen first hand the difference that the wisdom of lived experience can make to engage and support whai ora at key times in their recovery journey. To this end, Odyssey developed a peer support model and framework in 2017, and self-funded the establishment of a dedicated peer support service in May 2018 that walks alongside whai ora and staff, supporting them at key transition points in our treatment pathway (as whai ora come to stay with us, and when they begin to reconnect into the community).

Initially offered at our residence for adults and young adults in Mt Albert, we believe Odyssey's peer support service has increased retention there in its first six months of operation – we have seen occupancy remain at a higher rate in these six months than the previous 18 months, and the number of residents leaving early as a percentage of all residents leaving in any given month has decreased.

“I felt I could trust them, and could ask anything. I felt welcomed.”

– Resident

“Having peer support spend time with me before I was admitted played a big part in coming in, it was reassuring. It was the best thing that could have happened. We've got to have them.”

– Resident

We hope to be able to expand peer support services to our Te Wairua residences. As one Clinical Manager remarked to our Peer Support Manager “I see the way whai ora talk to you; it's different, and I like it.”

A CLOSER LOOK:

Reducing harm and supporting reconnection: How we work with people involved with the justice system

According to recent research by the Department of Corrections*, nine out of ten people in prison (91%) will meet the diagnostic criteria for a mental health or substance use disorder in their lifetime. Substance use disorders among the prison population are 13 times that of the general population and one in five people in prison had both a mental health disorder and a substance use disorder within the 12 months prior to the study.

Odyssey has worked to support people within the justice system for many years now. We have offered a drug treatment programme at Auckland Prison for more than five years and have also offered residential treatment support to whai ora involved with the justice system at our adult residences in Auckland and Whangarei. In the last eighteen months, we have partnered with the Department of Corrections to offer harm reduction and recovery support to people in new community settings, as well as offering other services within prison. These include a drug treatment programme at Spring Hill prison

in Waikato, a methamphetamine SBIRT and group programmes at Mt Eden Corrections Facility (with longer term options at Auckland and Spring Hill), as well as community day programmes in Auckland and Whangarei.

The Methamphetamine Intervention Team at Mt Eden Corrections Facility screens a randomized selection of newcomers every week. Of those men screened in the nine months from late September 2017 to June 2018, more than seven in 10 reported they had used methamphetamine and almost four in 10 were considered high risk for substance dependence, based on their ASSIST score.

All men participating in the SBIRT received resources pertaining to their presenting needs (for example, information about their AOD use, other health issues, family issues, and parenting support). Approximately one third went on to participate in our Meth & Me short course at Mt Eden Corrections Facility. We also supported over 130 men at Auckland or Spring Hill Corrections Facilities participating in a Meth & Me elective

within the drug treatment programme.

Offered since June 2017, the eight-week Community Day Programme (CDP) provides a community-based support option that takes a holistic approach to treatment, addressing not only the substance use itself, but also looking at underlying behaviours and attitudes that are related to substance use and offending. We provide psychoeducational groups each day that explore wellbeing, relationships, managing emotions and relapse prevention; and also encourage participation in mindfulness, art or other wellbeing activities. We invite other community organisations to join us where relevant, offering advice on topics such as budgeting and finances, sexual and reproductive health, healthy relationships and personal safety.

Our overarching goal with the CDP, and with all our programmes that support people involved in the justice system, is to connect participants to supports in the community to help build their own recovery capital resources and assist with their reintegration into the wider community.

*Indig D, Gear C, Wilhelm K. (2016) Comorbid substance use disorders and mental health disorders among New Zealand prisoners. New Zealand Department of Corrections, Wellington.

A CLOSER LOOK:

Te Wairua: Two streams of healing

For some time now, we have been reflecting on our use of language and how the way health services sometimes describe their work or programmes can be a barrier to people accessing support, or can inadvertently stigmatise. In 2017, our Consumer Advisor challenged the organisation to rethink how it described its service for people seeking support with mental health challenges alongside their addiction issues.

We were fortunate to be gifted a name for our Counties Manukau residence many years ago by south Auckland local kaumātua. This name, Te Wairua, is the name we now give to our service for people who wish to have additional support for mental health challenges as they work on their recovery journey.

When thinking about wellbeing, wairua is often interpreted as our capacity to understand the link between ourselves, the physical environment and the spiritual world.

Wairua is a compound word – made up of Wai meaning liquid or fluid, and Rua meaning two.

In this sense, Odyssey's Te Wairua services offer two streams of healing – providing an environment that supports emotional, spiritual, physical and social wellbeing.



A CLOSER LOOK:

Te Ara Oranga: The path to wellbeing in Northland

In mid 2017, Odyssey joined Te Ara Oranga, a pilot initiative integrating policing and healthcare in Northland to reduce the supply and demand for methamphetamine, its associated use and harm in the region. Wastewater testing has suggested Whangarei methamphetamine consumption levels are twice those of Auckland and three to four times those of Christchurch – with two in every 100 residents using methamphetamine each week in Whangarei.

A joint initiative between Northland District Health Board and NZ Police, the pilot was co-designed with Te Tai Tokerau communities and became operational in October 2017. It has resulted in closer working relationships between communities, health services and NZ Police in Northland – anyone who would benefit from treatment is offered the opportunity and contacted within 48 hours of referral. Much work is done to support whānau, hapu and community groups, and to engage people at an earlier stage in their substance use.

The introduction of new referral pathways has seen more than one third of whai ora referred to mental health and addiction services who were not previously known to these services, and the majority of these referrals were through NZ Police.

We employ two pou whānau connectors (based in Dargaville and Whangarei) who work with individuals and whānau providing assertive community outreach to foster engagement with treatment and other support services. We also offer 'Choice' workshops that support mild to moderate methamphetamine users to consider alternative pathways to wellbeing. In the nine months to end June, Odyssey supported 168 tāngata whai ora who wanted to make changes in their methamphetamine use.

In November 2018 the Te Ara Oranga initiative won the supreme award at the 2018 Northland Health and Social Innovation Biannual Awards.

A CLOSER LOOK:

Supporting young people to have great futures

In 2018, Odyssey supported more than 1600 rangatahi to be more in control of their lives, learn strategies to feel better about themselves and how to manage their feelings, and gain the confidence to start thinking about a brighter future.

We're able to do this because we have an amazing team of passionate, talented and experienced youth practitioners and leaders, who wholeheartedly believe in the potential of the young people they support each day.

With over 50 staff across our youth services, we are the largest employer of drug and alcohol specialist youth practitioners in New Zealand. We support rangatahi in multiple settings, within education and justice settings, when they come to stay with us, when they are reconnecting with their communities and, crucially, when they are transitioning between different settings. Achieving education and employment goals through our Odyssey School and Odyssey Café work training programme is also instrumental in helping rangatahi reach their potential. We recognise that support to reduce harms from substance use comes by creating

opportunities for rangatahi to engage in contexts which are meaningful for them.

The advocacy, policy, research and service development work led by our National Youth Services Advisor (in partnership with NZ Drug Foundation) informs our approach. In all our programmes, we work across sectors, and with multiple government and community partners, to provide the best possible, connected support for rangatahi.

Over the last eighteen months, we have supported more than 500 rangatahi through Waikato Youth INTact, working closely with Waikato DHB and other local providers. We have also established an alcohol and drug education and motivation programme for Oranga Tamariki at Korowai Manaaki, supporting more than 100 rangatahi staying at the youth justice facility in South Auckland. These programmes are just two examples of how we work and collaborate across systems to build and support change for rangatahi, their whānau and their communities.



A CLOSER LOOK:

Waka huia: Finding inner strength and unlocking potential through identity and belonging

Over the course of the 2018 academic year, Odyssey has partnered with Te Wānanga o Aotearoa (TWOA) to offer residents at our three adult programmes in Auckland the opportunity to gain Level 3 credits in Kāwai Raupapa – an exploration of identity and culture through tikanga practice and study, that encourages understanding of an holistic Māori world view, nurturing mind, body and soul.

Twenty-three Māori, Pasifika, and Pākehā whai ora graduated in 2018. Likening each individual to waka huia (a repository of cherished treasures), the curriculum invites participants to reflect on their own spiritual, cultural and other personal resources to strengthen and sustain them. Exploring Te Ao Māori using karakia, whaikōrero, karanga, and whānau, participants heal and reflect on their shared histories, connecting to a sense of belonging and community that they can call home.



ACKNOWLEDGEMENTS

He Whakamānawa

Many thanks to our funders and benefactors for their generosity and support in 2018. Together, we are supporting people to make long-term change, bringing hope to whānau and communities throughout New Zealand:

ACC
 Auckland District Health Board (DHB)
 Bay of Plenty DHB
 Central Region DHBs (Capital & Coast, Hawkes Bay, Hutt Valley, Midcentral, Wairarapa, Whanganui)
 Counties Manukau Health
 Department of Corrections
 Foundation North
 HealthWest
 Health Promotion Agency
 Lakes DHB
 Ministry of Education
 Ministry of Health
 Ministry of Social Development
 Northland DHB
 Oranga Tamariki
 Taranaki DHB

Te Rau Matatini
Waikato DHB
Waitemata DHB

We appreciate the opportunity to work with longstanding programme collaborators who contribute expertise and commitment to partnership that strengthens the entire sector.

Thanks also to our service and agency partners within initiatives such as the Community Day Programme, Te Ara Oranga, Te Whare Whakapiki Wairua (AODTC), Tūturu and Youth INTact. We value the opportunity to work with you all.

We would like to acknowledge the contribution of our mana whenua partners in Auckland, Waikato and Northland, in particular Ngāti Whātua Orākei.

We would also like to thank Dr Deborah Russell, MP, New Lynn for her support of our Art Exhibition and Odyssey Café social enterprise at our community services hub in New Lynn.

Finally, we acknowledge the guidance and support of our Board and the leadership and commitment of our Executive team.

Board of Trustees
Allen Bollard, Chair
Darren Johnson, Treasurer
Dr Ann Hood
Dr Clive Bensemam
Judge David McNaughton
Mary Shanahan
Robert Roydhouse
Robyn Reynolds

Executive Leadership Team
Fiona Trevelyan, Chief Executive Officer
Glenn Manson, Chief Financial Officer
Jenny Boyle, General Manager, Operations
Ken Kerehoma, Cultural Advisor
River Paton, Clinical Director (from 31/11/2017)
Sam White, General Manager, Improvement and Development (from 15/10/2018)
Will Ward, General Manager, Improvement and Development (until 17/08/2018)

What does a great future look like to me?



To be connected to what matters to me – family, friends, culture.

To feel like I belong in the community.



We asked tāngata whai ora and staff to tell us what their healthy future looks like...

To be employed and learning.

To have an affordable place to live.

To be a good role model for my children.



To be confident and independent.

To have positive relationships.

To have financial knowledge and skills.

To know myself; to feel love and respect for myself.

To be hopeful for my future.

A stable life.



To have skills to overcome challenges and to have a great life without drugs and alcohol getting in the way.



Whāngai ka tupu ka puawai.

That which is nurtured, blossoms then grows.



www.odyssey.org.nz